

**Strengths/Verbs**  
**How** did you do what you did?

**Topics/Nouns**  
**What** did you use your strengths on?

**Optimal Conditions/Environment**  
**Where** are you at your best?

**Relationships/Role**  
**Who** do you relate with?

**Yes!/Satisfaction** What was the most **satisfying**?

**Name:**  
**Story:**  
**Interviewer:**  
**Notetaker:**  
**Date:**

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